

New Performer Series

8 Tips Checklist



Tip 1: Count the Beat with Your Inner or Audible Voice



Tip 2: Relax & Breathe while Maintaining Active Posture



Tip 3: Extend the Arms and Place the Hands



Tip 4: Maintain a Big Smile (when Appropriate)



Tip 5: Keep Your Head Up and Your Eyes Out



Tip 6: Generate Emotional Energy



Tip 7: Stay in Character from Entrance to Exit



Tip 8: Identify & Remove Any Obvious Distractions